

A.T.I Community Health

Version-1

1. A public health nurse is assisting a client who is a recent immigrant. The client refuses assistance from community resources. Which of the following actions should the nurse take to provide culturally appropriate? SATA

Learn more about the client's ethnic values

Uses relevant nonverbal communication techniques

Review the client's current health practices

2. A community health nurse has recognized an outbreak of influenza at a local school. Which of the following actions is a secondary level of prevention?

Check for possible exposure to influenza.

3. A community health nurse is providing teaching about nutrition guidelines to a group of adolescents. Which of the following information should the nurse include in the teaching?

Appetite naturally increases during the adolescent years

4. A public health nurse learns that a client in an agricultural community is being treated for active TB. Which of the following actions should the nurse take to prevent the spread of TB within the community?

Ensure the client adherence to the medication regimen

5. A community health nurse is caring for a 20 year old college student who has a new diagnosis of herpes. The client reports having unprotected sex with multiple individuals. Which of the following actions should the nurse take?

Ask the client for the contact information of recent sexual partners

6. A school nurse realizes that a student who has asthma visits the health office two to three times every day to use his rescue inhaler. Which of the following interventions should the nurse plan to implement first?

Children breathe more rapidly than adults, which increases their exposure to air pollutants.

Outdoor air pollutants are more likely to trigger asthma attacks than indoor pollutants.

Children breathe faster than adults, which increases their exposure to toxins in the air

A school nurse sees four students in 1 week who have a return-to-school release after being diagnosed with methicillin-resistant *Staphylococcus aureus*(MRSA). Which of the following actions should the nurse take

Coordinate an immunization clinic at the school.

Recommend prophylactic treatment for classmates.

Report the cases of MRSA to child protective services.

Provide education about MRSA throughout the school system.

hand hygiene will prevent the spread of MRSA.

A nurse in a rural community is planning education for a young-adult client who is a migrant farm worker.

Which of the following should the nurse include in the plan of care (select all that apply).

Provide environmental health information.

Conduct tuberculosis screening

Provide skin cancer information

Conduct dental health screening.

Provide forms to apply for medicare.

A client tells a nurse that she is planning a hiking trip. Which of the following measures should the nurse recommend minimizing the client's risk for contracting Rocky Mountain spotted fever?

Wear protective clothing

Several nurses affiliated with a church are developing a parish nurse group to help address the primary and secondary health care needs of the congregation. Which of the following is appropriate to include in regard to care they could provide?

Organize a flu immunization clinic with the American Red Cross.

A public health nurse is tracking reports of flu-like illness in the local school system. This is an example of which of the following approaches?

Prevalence rate

Which of the following activities would the school nurse perform in the role a consultant?

Recommend policy changes to minimize the spread of influenza

A client presents to the emergency department after being exposed to anthrax. The nurse should recognize that the

Chances of recovery are good if improvement is seen in 3 to 5 days.

A first-response team is working at the location of a bombing incident. A nurse triaging a group of clients should give treatment priority to which of the following conditions?

Rigid abdomen with symptoms of shock

A home health nurse is making a home safety evaluation visit with an older adult client recently discharged from the hospital after being diagnosed with diabetes mellitus. Which

give priority to which of the following topics as the leading cause of death for this age group

- 1. motor vehicle safety**
2. sports injury prevention
3. substance abuse prevention
4. gun safety

45. a nurse of a community clinic is preparing an educational guide about cultural variances in expression of pain. which of the following information should the nurse include?

1. middle eastern cultural practices include hiding pain from close family members
2. native American cultural practices include being outspoken about pain
3. Puerto Rican cultural practices include the view that outspoken expressions of pain are shameful
4. **Chinese cultural practices include enduring pain to prevent family dishonor**

experiencing an initial impact reaction of rape-trauma syndrome? (Select all that apply)

E. Difficulty making decisions

A nurse is discussing the care of a client following a sexual assault with a newly licensed nurse. Which of the following statements indicates the need for further teaching?

C. "I can expect manifestations of rape-trauma syndrome to be similar to bipolar disorder"

A nurse is caring for a client who was recently raped. The client states, "I never should have been out on the street alone at night." Which of the following is an appropriate response by the nurse?

C. "You believe this wouldn't have happened if you hadn't been out alone?"

A community health nurse is leading a discussion about rape with a neighborhood task force. Which of the following statements by a neighborhood citizen indicates the

D. "The majority of rapists are unknown to the victim"

need for further teaching?

- A. Identify community resources that are available.
- B. Evaluate the impact of a disaster on the community
- C. Assess survivors of a disaster for level of psychological stress
- D. Link victims with support agencies to help with food clothing shelter and counseling needs

14. A nurse is reviewing treatment protocols for clients exposed to bioterrorism agents. For which of the following agents should the nurse plan to administer a vaccine following exposure?

- A. Anthrax
- B. Botulism
- C. Plague
- D. Smallpox

15. A nurse is providing staff education about smallpox as a bioterrorism threat. Which of the following statements indicates an understanding of this agent? (Select all that apply)

- A. Smallpox is transmitted person to person
- B. Infection is characterized by severe respiratory distress
- C. Smallpox vaccination ensures lifelong immunity
- D. Naturally occurring smallpox has been eradicated from the world.
- E. Smallpox is often confused with varicella.

16. A nurse is preparing to care for a client who has suspected exposure to plague as a result of bites from infected fleas. Which of the following actions should the nurse plan to take first?

- A. Prepare for drainage of lesions
- B. Initiate contact precautions.
- C. Notify the CDC control and preventions
- D. Decontaminate the client

17. A nurse is reinforcing teaching with a group of adolescent females who are pregnant about expected changes related to pregnancy. Which of the following client statements indicates understanding of the teaching?

- A. It is normal to have a white vaginal discharge.
- B. I should recognize fetal movement by 12 weeks
- C. I will take fluid pills if my ankles begin to swell
- D. My nipples and areolae will become pale as my breast enlarge

9. An older adult client who lives alone tells a clinic nurse that he is unable to drive himself to the store and is afraid to cook on the stove. Which of the following community resources should the nurse recommend for this client?

Meals on Wheels

10. A nurse is working with an interdisciplinary disaster committee to develop a community-wide emergency response plan in the event of a nonbiological or chemical incident. The nurse should include which of the following agencies to be notified immediately after calling 911?

Office of Emergency Management (OEM)

11. An occupational health nurse in the clinic of an industrial plant is developing a guidebook for clinic workers. Which of the following actions should the nurse include as a secondary prevention strategy?

Help plant workers identify signs of carpal tunnel syndrome

12. A public health nurse is teaching a group of nurses about smallpox. Which of the following statements by one of the nurses indicates understanding of the teaching?

Unlike chickenpox, the vesicles of smallpox are more abundant on the face

13. A school nurse receives a call that some children and teachers report being exposed to an undetermined noxious gas odor presenting the classrooms and are experiencing dizziness. Which of the following actions should the nurse take?

A. Have students evacuated from the school and establish a triage area in the school parking lot.

B. Move individuals who are reporting symptoms to one of the affected classrooms and create a triage area inside the room.

C. Arrange for client transportation to the nearest emergency department and tell the group triage will occur there.

D. Transport all children and school personnel to the nearest medical facility using school buses

Have students evacuated from the school and establish a triage area in the school parking lot

14. A nurse is working with an emergency response team in caring for a group of people who may have been exposed to anthrax while doing farm work but are not exhibiting manifestation of illness. Which of the following is the appropriate action for the nurse to take?

Apical/mitral: Left midclavicular line at the fifth ICS, below the left nipple line 7.6 cm (about 3 in) to the left of the sternum.

35. When a nurse is taking care of a patient who need stool specimen collected the nurse should label the specimen container and place it in a clean, plastic biohazard bag which is also labeled. This ensures proper identification and prevents contamination and spillage during transport.

36. When a nurse is taking care of a client that who is increasingly restless and intermittently confused, she should move the client to a room closer to the nurses' station. This will make it easier for the staff to observe the client, should the client behave in an unsafe manner.

37. When a nurse is caring for a client who has peripheral vascular disease and reports difficulty sleeping because of cold feet the nurse should obtain a pair of slipper-socks for the client. In cold weather or when the client's feet are cold, he/ she should wear extra socks or slipper socks to help provide warmth and increase his/her level of comfort.

38. Contact precaution required a private room or a room with other client who have the same infection, gloves and gowns worn by the caregivers and visitors, disposal of infection dressing materials into a single, nonporous bag without touching the outside of the bag

39. AIRBONE Precaution: <5mcg, mask N95 or HEPA if TB, negative pressure, if splashing wear full face. Laryngeal TB and Pulmonary TB

- Measle, Varicella: Private room, Mask, respiratory protection device for CAREGIVER and visitors.
- Everyone entering or leaving the room should close the door behind them.
- Nurse must always disposal of needles and sharp instruments in puncture proof sharps containers

40-Very important: ICF and ECF = Homeostasis

Fluid can move between compartments diffusion, active, transport, filtration, osmosis.

41. Fluid Imbalance: ICF and ECF (intravascular-plasma, interstitial-around cel, pericardial, lymph, pleural, pancreatic, intraocular, biliary, peritoneal, synovial

Fluid Volume Deficit:

Individual, family, community needs

Primary, secondary, and tertiary prevention

Uninsured, under-insured, and insured populations

1. A nurse is participating in the preparedness stage of disaster management. Which of the following describes what is happening?

Heightened inspection and increased security in the community

Incorporation of provision of pets into local disaster plans

Purchase of personal protective equipment for all citizens

Assembly of disaster kits for the home, workplace, and car

2. A nurse is working in a community that is experiencing the Honeymoon Phase after a disaster. Which of the following is characteristic of this phase?

First responders work tirelessly to save others.

Survivors share their stories.

Medical personnel experience exhaustion.

Community organizations rebuild the community

3. Acts of bioterrorism or natural disasters, such as earthquakes, will often have more casualties because:

they cause the most widespread destruction

victims have little time to make evacuation preparations

those with chronic conditions cannot escape in time

the early warning systems are not effective

4. What is the purpose of the National Incident Management System (NIMS)?

Create a new branch of government that deals with bioterrorism

Establish a way for the Red Cross to carry out its mission

Extend presidential power to act quickly upon acts of bioterrorism

a public health nurse is planning a community health promotion program for hypertension prevention. which of the following interventions should the nurse include as a tertiary prevention strategy?

- a. implement an exercise program for clients who have hypertension
- b. teach clients who have family history of hypertension how to monitor blood pressure
- c. conduct a hypertension screening clinic for the community
- d. provide education about risk factors for hypertension

a home health nurse is conducting a follow-up visit for a client who was recently discharged from an acute rehabilitation program for alcohol use disorder. which of the following actions should the nurse take?

- a. schedule transcranial magnetic stimulation (TMS) biweekly
- b. tell the client to take naltrexone daily**
- c. teach the client to avoid foods that contain tyramine
- d. instruct the client to take buprenorphine for the next 9 to 12 months

a nurse is assessing a new client at a public health clinic which of the following areas should the nurse address as part of the cultural assessment?

- a. food allergies
- b. illness practices**
- c. sexual activity
- d. immunization status

a school nurse is notified that a school-age child has been newly diagnosed with pertussis. which of the following actions should the nurse take? (select all that apply)

- a. instruct the parent to keep the client at home until the coughing stage has passed**
- b. encourage the family members to obtain prophylactic treatment**

in the aftermath of a large earthquake, a hospital's disaster plan is put into effect. the charge nurse must assemble a list of clients that can be safely discharge home to accommodate the anticipated admission of many victims. the charge nurse knows that it is unsafe to discharge which of the following clients?

- A. a client who has osteomyelitis and will require 6 weeks of IV antibiotics
- B. a client who has crohn's disease and is 1 day preoperative for an ileostomy
- C. a client who has AD and is awaiting placement in a long-term care facility
- D. a client who has an ileus following spinal surgery 5 days ago and is ambulatory in a brace**

pt will be NPO

what is the presence of more than one disease or health condition in an individual at a given time?

comorbidity

a nurse is caring for employees and their family members who have become ill after a company picnic. after extensive interviews and a review of the food handling practices, the nurse determines that the most likely cause of the illness was a poultry dish that had been allowed to cool to room temperature for several hours before being served. The step in the epidemiological process is called which of the following?

- A. planning
- B. assessing**
- C. implementing
- D. evaluating

a public health nurse is visiting an older adult client who has chronic airflow limitation disease and is a former cigarette smoker. the client's medications include ipratropium (Atrovent) and albuterol (Proventil) inhalers, and the client has just been prescribed home oxygen to use as needed. The nurse should recognize that the client's primary prevention needs include which of the following?

- A. periodic pulmonary function tests
- B. review of appropriate use of oxygen in the home
- C. yearly mammography examinations
- D. annual influenza immunizations**

FrmRN2u

A community health nurse is working with a family in which only the children speak English. The nurse should select a translator who is

Skilled in health-related interpretation

A community health nurse working with a migrant population recognizes that which of the following is necessary to provide care to this population

Offering health screenings at a community center

Which of the following activities is the responsibility of a case manager

Evaluate cost effectiveness of client treatments

A nurse uses a secondary prevention intervention when doing which of the following

Performing hypertension screening in a community center

An occupational health nurse is planning a program on early detection of breast cancer for female employees at a local business. Which of the following is the first action the nurse should take

Determine employee knowledge level of breast self-examination

While addressing community leaders at a forum for establishing community improvement initiatives, a public health nurse identifies which of the following groups as the fastest growing segment of the homeless population

Families with children

A nurse is working in an occupational health setting. Which of the following is a primary prevention activity for the nurse

Conducting smoking cessation classes

A parish nurse is visiting an older adult client who was recently widowed. The client tells the nurse that he no longer has a way to get to the grocery store or the doctor. Which of the following responses by the nurse is appropriate

“How would you feel about me contacting a local service that helps older adults with transportation?”

A case manager nurse is caring for a client being discharged post total hip arthroplasty. Which of the following activities is an example of the nurse functioning in the negotiator role

Discussing payment options with various pharmacies

What patient would the Home Health Nurse send to the doctor first

Abdominal pain

A community health nurse is evaluating an outbreak of hepatitis A among adult clients in his community. Which of the following should the nurse do to identify the cause of the disease

Identify restaurants where the clients have recently eaten

A nurse working for a home hospice organization recognizes that clients must meet which of the following criteria to qualify for hospice care

Documented need for palliative care

A nurse is working with a case manager for a client who participates in a health maintenance organization. Which of the following is characteristic of the payment structure provided under this system

The client pays the insurer a percentage of the total costs for each service rendered by the provider

A community health nurse is visiting a family that has newborn twins and two school-age children. The parents tell the nurse they are emotionally and financially overwhelmed. Which of the following referrals are appropriate? (Select all that apply).

Postpartum support group

Women, Infant, and Children (WIC) program

Child Protective Service (CPS)

Medicare Part B

Free school lunch program.

A public health nurse is working in a community that has a population of 24,096. There are 2,096 existing cases of heart disease within the population. The nurse can determine which of the following from this information.

Mortality rate

Attack rate

Prevalence proportion

Incidence proportion.

The prevalence proportion can be calculated given how many people were affected at a given time and the total population.

A nurse who is facilitating a support group in a community center notices that one member of the group expresses anger repeatedly. Which of the following strategies should the nurse use to facilitate the group process with this member.

Remind the group that everyone should have a chance to participate.

Divide the group into pairs and give each pair a topic for discussion.

Give the member extra time to compose her thought before expressing them.

Focus more on the group members who have a positive outlook.

This is a strategy that is often effective with group members who demonstrate angry, hostile, or negative behavior. The nurse should also speak to the group member in private to try to uncover the source of her ongoing anger.

Which of the following activities done by a nurse is considered public health nursing?

Reviewing morbidity and mortality data for the community.

Caring for new mothers and infants.

Reviewing the medications prescribed for an older adult couple.

Reviewing morbidity and mortality data for the community is a key component of public health nursing, which focuses on the health care of populations and communities.

A nurse working for a non-profit organization with limited resources is asked to develop an education program that will benefit a supporting agency's employees. The nurse was planning another program to benefit more people in the community. Which of the following is an ethical tenet the nurse should follow in deciding which program to implement.

Allow members of the community to voice their shared ideas.

Develop public policy in concert with the interest and needs of the community.

Give precedence to community support provided by public servants over entrepreneurs.

Place the needs of the community above those of special interest groups.

This statement upholds the ethical tenet for policy development: to serve citizens, not customers. While the nurse may feel pressure to comply with the agency's request due to its financial or material support, the nurse must use available resources to meet the needs of the greatest number of citizens first.

A newly licensed nurse is performing a community assessment. While collecting secondary data at the library, the nurse is approached by a community member who is concerned about air pollution. Which of the following statements by the nurse indicates a need for further education regarding confidentiality?

“You will begin learning functional skills to replace defense mechanisms and behaviors while in treatment.”

34. Which of the following should the nurse include in a cultural assessment?

Family relationships

35. A home health nurse is teaching a client who is newly diagnosed with diabetes mellitus.

Which of the following statements by the client indicates an understanding of the teaching?

“I will use a mirror to inspect my feet daily.”

36. A home health nurse is developing a protocol for providing care to clients who have a central venous access device. Which of the following instructions should the nurse include?

Scrub the catheter port for 15 seconds prior to access.

37. A nurse is providing teaching to a 50-year-old female client. Which of the following statements should the nurse include in the teaching?

“You should have your vision screened every 2 years until age of 64.”

38. A community health nurse is planning a smoking cessation class. Which of the following factors will have the greatest effect on the class’s success?

Clients’ motivation

39. A nurse working in an assisted care facility is developing a disaster plan. Which of the following is the first action the nurse should take?

Determine potential environmental health hazards.

40. A school nurse is caring for a child who has muscular dystrophy and is having difficulty swallowing at lunch. Which of the following referrals should the nurse intake?

Speech-language therapist

- a. prepare the outer aspect of the upper arm for the injection
- b. insert the needle at a 45 degree angle
- c. inject 0.1 mL of purified protein derivative**
- d. create a wheal that measures about 15 mm in diameter

A public health nurse is monitoring med compliance for a group of migrant workers who are being treated for TB. The nurse should use info from which of the following resources to assist with this process?

- a. Agency for Healthcare Quality and Research (AHRQ)
- b. Migrant Clinicians Network (MCN)**
- c. Centers for Disease Control and Prevention (CDC)
- d. U.S. Preventive Services Task Force (USPSTF)

A school nurse is conducting visual acuity testing for a school-age child. Which of the following actions should the nurse take?

- a. allow the child to keep her glasses on during the test**
- b. have the child stand 5 ft away from the Snellen letter chart
- c. progress to the next line once the child reads 2 symbols correctly
- d. begin the test by instructing the child to use both eyes to read the chart

A public health nurse is developing a visual health program by using a community-oriented approach. Which of the following interventions should the nurse include?

- a. teach a client who has a vision loss about safety in the home environment
- b. provide genetic counseling to the fam of a newborn who has congenital cataracts
- c. consult with the local school nurse to schedule yearly vision screenings for students**
- d. develop a plan of care for a client who was newly dx with glaucoma

A public health nurse is planning care for 4 clients. Which of the following interventions should the nurse recognize as tertiary prevention?

- a. providing chemoprophylaxis for malaria to a client who is traveling to mosquito-infested countries (1)
- b. performing a serological screening for HIV for a client who is pregnant (2)
- c. participating in partner notification for a client who has an STI (2)
- d. administering antibiotics to a client who has AIDS and was diagnosed with Pneumocystis jiroveci**

4. A community health nurse in a pediatric clinic is reviewing the history of a 12 years old client. Which of the following immunizations should the nurse expect to administer?

Meningococcal conjugate

5. A CHN is conducting an education program on various environmental pollutants. The nurse should emphasize that clients who have which of the following disorders are especially vulnerable to ozone effects?

Asthma

6. A nurse working for a home health agency is assessing an older adult male client. Which of the following findings is the priority for the nurse to address?

Dysphagia

7. A nurse is preparing a community health program for adults at risk for cardiovascular disease. Which of the following should the nurse include as a modifiable risk factor?

Cigarette smoking

8. A school nurse is teaching a group of nurses newly hired to work in the school system about pediculosis capitis (head lice). Which of the following information is appropriate to include in the teaching?

Nits that are shed into the environment are capable of hatching for up to 10 days

9. An older adult client who lives alone tells a clinic nurse that he is unable to drive himself to the store and is afraid to cook on the stove. Which of the following community resources should the nurse recommend for this client?

Meals on Wheels

10. A nurse is working with an interdisciplinary disaster committee to develop a community-wide emergency response plan in the event of a nonbiological or chemical incident. The nurse should include which of the following agencies to be notified immediately after calling 911?

Office of Emergency Management (OEM)

11. An occupational health nurse in the clinic of an industrial plant is developing a guidebook for clinic workers. Which of the following actions should the nurse include as a secondary prevention strategy?

Help plant workers identify signs of carpal tunnel syndrome

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13. A school nurse receives a call that some children and teachers report being exposed to an undetermined noxious gas odor presenting the classrooms and are experiencing dizziness. Which of the following actions should the nurse take?

A. Have students evacuated from the school and establish a triage area in the school parking lot.

To support and supplement the efforts of the medical profession in the promotion of health and prevention of illness.

To enhance the capacity of individuals, families, and communities to cope with their health needs

To increase the productivity of the people by providing them with services that will increase their level of health

To contribute to national development through promotion of family welfare, focusing particularly on mothers and children

31. Which ethical principle requires “doing no harm?”

Maleficence

Beneficence

Distributive justice

Non-maleficence

32. When a Community Nurse is performing a teaching session to a group; the cognitive domain includes:

the performance of skills

changes in attitudes and the development of values

memory, recognition, understanding, reasoning, and problem-solving

memorization of one set of skills before moving on to the next

33. A nurse is teaching a group of clients newly diagnosed with diabetes how to give themselves injections. Which of the following formats would be most appropriate for the nurse to use?

Health fair

Lecture

Non-native language session

Demonstration

34. The Public Health core functions are directly linked to the healthcare promotion and prevention levels. The tertiary levels is characterized by:
meets the basic needs of healthy people.

the services are designed to limit the progression of the disease or disability.

the function is to detect and treat diseases in an early stage.

the services are designed to treat diseases in the acute stage.

35. A nurse discusses services with a federal congressman. Which of the following services would the nurse most likely be discussing?

Family planning

d. i will use a dry-sanding technique when preparing to repair my front door

a community health nurse is participating in a quality improvement plan for a local health department. which of the following techniques should the nurse use for process evaluation of the facility? (select all that apply)

a. written audits

b. interviews

c. values self-study

d. satisfaction survey

e. focus groups

a community health nurse is planning an in-service about STIs for a group of adolescents. which of the following clinical findings should the nurse include as a manifestation of primary syphilis?

a. lymphadenopathy

b. maculopapular rash on palms

c. chancre

d. malaise

a community health nurse is caring for an adolescent who is seeking help for an unplanned pregnancy. which of the following actions should the nurse take first?

a. provide information on parenting classes so the client can learn about caring for a newborn

b. help the client obtain a provider for prenatal care

c. request permission to interview the father of the child to obtain a medical history

d. recommend that the adolescent meet with the school guidance counselor to discuss educational options

a community health nurse is planning to establish a community garden to address the lack of nutritious food options in the area. which of the following actions should the nurse take first to initiate the plan?

a. monitor the progress of the project to keep the project on course

b. select residents to take on leadership roles in the project

c. identify community members who demonstrate an interest in the project

d. hold a community information session to inform the residents of the plan

a nurse is conducting a home visit for an older adult client. the nurse should identify which of the following findings as an indicator of possible neglect?

a. lives alone

b. taking outdated prescriptions

I-investigate potential exposures

P- present work

R-residence

E-environmental concerns

P-past work

A-activities

R-referrals

E-educate

medicare or medicaid?

individuals must be older than 65 years old and receiving social security, have been receiving disability benefits for 2 years, have amyotrophic lateral sclerosis and receive disability benefits, or have kidney failure and be on maintenance dialysis or had a kidney transplant to qualify

medicare

medicare has how many parts?

4

what part of medicare?

hospital care, home care, limited skilled nursing care

part A

what part of medicare?

medical care, diagnostic services, physiotherapy

part B

what part of medicare?

medicare advantage plan, a combination of A and B provided through private insurance

part C

what part of medicare?

prescription drug coverage

part D

medicare or medicaid?

provide health care coverage for individuals of low socioeconomic status and children, through the combined efforts of federal and state governments. eligibility is based on household size and income, with priority given to children, pregnant women, and those who have a disability

medicaid

medicare or medicaid?

provides inpatient and outpatient hospital care, lab and radiology services, home health care, vaccines for children, family planning, pregnancy-related care, and early and periodic screening, diagnosis, and treatment services for those younger than 21 year old

medicaid

a nurse is preparing an educational program on cultural perspectives in nursing. the nurse should include which of the following are influenced by an individual's culture?

A. nutritional practices

B. family structure

C. healthcare interactions