

# Antidepressants

CLASS	DRUG	SIDE EFFECTS	CONSIDERATIONS
SSRI's	Citalopram (Celexa) Escitalopram (Lexapro) Fluoxetine (Prozac) Fluvoxamine (Luvox) Paroxetine (Paxil) Sertraline (Zoloft) Vilazodone (Viibryd)	◆ N/V/D ◆ Insomnia/ sedation ◆ Weight gain ◆ Sexual dysfunction	◆ 1 <sup>st</sup> line therapy in depression/ anxiety ◆ May take 4-6 weeks to reach effectiveness ◆ Do not stop abruptly
SNRI's	Desvenlafaxine (Savella) Duloxetine (Cymbalta) Levomilnacipran (Fetzima) Venlafaxine (Effexor)	◆ Increased BP/ HR ◆ Insomnia/ sedation ◆ Anxiety/ agitation ◆ Dry mouth ◆ Constipation ◆ Dry mouth	◆ Do not mix with TCA's or MAOI's (can cause serotonin syndrome) ◆ May take 4-6 weeks to reach effectiveness ◆ Do not stop abruptly
TCA's	Amitriptyline (Elavil) Amoxapine (Asendin) Clomipramine (Anafranil) Desipramine (Norpramin) Doxepin (Sinequan) Imipramine (Tofranil) Nortriptyline (Pamelor) Protriptyline (Surmontil)	◆ Blurred vision ◆ Orthostatic hypotension ◆ Tachycardia ◆ Weight gain/ loss ◆ Constipation ◆ Dry mouth	◆ Cardiotoxic (should not be taken in those with heart conditions) ◆ Lethal in overdose ◆ May take 2-4 weeks to reach effectiveness ◆ Do not stop abruptly
MAOI's	Isocarboxazid (Marplan) Phenelzine (Nardil) Selegiline (Emsam) Tranylcypromine (Parnate)	◆ N/V/D/ constipation ◆ Headache ◆ Insomnia ◆ Dizziness ◆ Dry mouth	◆ Avoid tyramine – can cause hypertensive crisis (aged meat, cheese, beer/ wine, pickled/ fermented foods, dried/ overripe fruits) ◆ May take 4-6 weeks to reach effectiveness
ATYPICALS	Bupropion (Wellbutrin) Fluoxetine/ olanzapine (Symbax) Mirtazapine (Remeron) Trazodone (Oleptro)	◆ Insomnia/ sedation ◆ Dizziness ◆ Weight gain/ loss ◆ Dry mouth	◆ Avoid bupropion in anorexia, bulimia, and seizures ◆ Mirtazapine may cause ↑lipids and weight gain ◆ May take 4-6 weeks to reach effectiveness

# Analgesics

Drug Type	Drug	Uses/ Types of Pain	Side Effects	Considerations
NSAIDs	<ul style="list-style-type: none"> <li>◆ Ibuprofen (Motrin)</li> <li>◆ Naproxen (Naprosyn)</li> <li>◆ Ketorolac (Toradol)</li> <li>◆ Nabumetone (Relafen)</li> <li>◆ Diclofenac (Voltaren)</li> <li>◆ Indomethacin (Indocin)</li> </ul>	<p>*Mild-moderate pain &amp; inflammation</p> <ul style="list-style-type: none"> <li>◆ Headache</li> <li>◆ Menstrual pain</li> <li>◆ Colds &amp; flu</li> <li>◆ Arthritis</li> <li>◆ Sprains &amp; strains</li> </ul>	<ul style="list-style-type: none"> <li>◆ Indigestion</li> <li>◆ Stomach ulcers</li> <li>◆ GI Bleeding</li> <li>◆ N/V/D</li> <li>◆ Dizziness</li> <li>◆ Drowsiness</li> </ul>	<ul style="list-style-type: none"> <li>◆ Avoid in peptic ulcer disease, gastritis, and renal or hepatic insufficiency</li> <li>◆ Monitor for signs of GI bleeding</li> <li>◆ Ibuprofen can increase the risk of lithium toxicity</li> <li>◆ May decrease the effects of loop diuretics and beta blockers</li> </ul>
Opioid Analgesics	<ul style="list-style-type: none"> <li>◆ Oxycodone (OxyContin)</li> <li>◆ Oxymorphone (Opana)</li> <li>◆ Hydrocodone (Zohydro)</li> <li>◆ Hydromorphone (Dilaudid)</li> <li>◆ Morphine (MS-Contin)</li> <li>◆ Fentanyl</li> <li>◆ Methadone (Dolophine)</li> <li>◆ Tramadol (Ultram)</li> <li>◆ Codeine</li> <li>◆ Meperidine (Demerol)</li> <li>◆ Buprenorphine (Butrans)</li> </ul>	<p>*Moderate-severe pain</p> <ul style="list-style-type: none"> <li>◆ Acute/ chronic pain</li> <li>◆ Surgery</li> <li>◆ Bone fractures</li> <li>◆ Cancer</li> <li>◆ Dental pain/ extractions</li> <li>◆ End of life comfort</li> <li>◆ Rapid respirations/ uncontrolled cough</li> </ul>	<ul style="list-style-type: none"> <li>◆ Nausea &amp; vomiting</li> <li>◆ Constipation</li> <li>◆ Respiratory depression</li> <li>◆ Drowsiness/ sedation</li> <li>◆ Impaired thinking/ confusion</li> <li>◆ Itching</li> <li>◆ Addiction/ dependence</li> </ul>	<ul style="list-style-type: none"> <li>◆ Use of barbiturates, phenothiazines, and MAOIs increase likelihood of respiratory depression, hypotension, and sedation</li> <li>◆ Avoid use with CAD, MI, hypertension</li> <li>◆ In long-term use, do not stop abruptly, can cause severe withdrawal affects</li> <li>◆ Monitor for signs of overdose ** Opioid antidote- Naloxone</li> </ul>
Salicylates	<ul style="list-style-type: none"> <li>◆ Aspirin</li> </ul>	<p>*Mild-moderate pain, inflammation, blood thinner</p> <ul style="list-style-type: none"> <li>◆ Headaches</li> <li>◆ Colds &amp; flu</li> <li>◆ Toothaches</li> <li>◆ Arthritis</li> <li>◆ Blood clot prevention</li> </ul>	<ul style="list-style-type: none"> <li>◆ N/V/D</li> <li>◆ GI bleeding</li> <li>◆ Stomach pain</li> <li>◆ Drowsiness</li> <li>◆ Mild headache</li> </ul>	<ul style="list-style-type: none"> <li>◆ Ringing in the ears may be the first sign of toxicity</li> <li>◆ Use caution if using other anticoagulants</li> <li>◆ Antacids decrease effects of med ** Activated charcoal may help in overdose</li> </ul>
Cox-2 Inhibitors	<ul style="list-style-type: none"> <li>◆ Celecoxib (Celebrex)</li> </ul>	<p>*Moderate pain &amp; inflammation</p> <ul style="list-style-type: none"> <li>◆ Rheumatoid arthritis</li> <li>◆ Osteoarthritis</li> <li>◆ Ankylosing spondylitis</li> </ul>	<ul style="list-style-type: none"> <li>◆ Gas &amp; bloating</li> <li>◆ Sore throat &amp; cold symptoms</li> <li>◆ Constipation</li> <li>◆ Dizziness</li> <li>◆ Altered sense of taste</li> </ul>	<ul style="list-style-type: none"> <li>◆ Can cause GI ulcers, bleeding, or holes in the stomach and intestines</li> <li>◆ Monitor for signs of GI bleeding</li> <li>◆ Do not use in those who've had coronary artery bypass graft (CABG) surgery</li> </ul>
Antimigraine Agents	<ul style="list-style-type: none"> <li>◆ Sumatriptan (Imitrex)</li> <li>◆ Eletriptan (Relpax)</li> <li>◆ Rizatriptan (Maxalt)</li> <li>◆ Zolmitriptan (Zomig)</li> <li>◆ Naratriptan (Amerge)</li> <li>◆ Dihydroergotamine (Migranal)</li> <li>◆ Ergotamine (Ergomar)</li> <li>◆ Methylergonovine (Methergine)</li> <li>◆ Metysergide (Sansert)</li> </ul>	<p>*Moderate-severe pain</p> <ul style="list-style-type: none"> <li>◆ Migraine headaches</li> <li>◆ Cluster headaches</li> </ul>	<ul style="list-style-type: none"> <li>◆ Stomach pain</li> <li>◆ Irregular heartbeat</li> <li>◆ Leg cramps</li> <li>◆ Numbness/ tingling in legs or feet</li> <li>◆ N/V/D</li> <li>◆ Shortness of breath</li> <li>◆ Agitation</li> <li>◆ Drowsiness</li> </ul>	<ul style="list-style-type: none"> <li>◆ Can increase risk of serotonin syndrome with use of SSRIs, SNRIs, TCAs, and MAOIs</li> <li>◆ Increased risk of toxicity within 2 weeks of stopping MAOIs</li> <li>◆ Monitor cardiac status as causes increased risk of MI and arrhythmias</li> </ul>
Miscellaneous Analgesics	<ul style="list-style-type: none"> <li>◆ Acetaminophen (Tylenol)</li> </ul>	<p>*Mild-moderate pain &amp; fevers</p> <ul style="list-style-type: none"> <li>◆ Headaches</li> <li>◆ Muscle &amp; joint pain</li> <li>◆ Sprains &amp; strains</li> <li>◆ Colds &amp; flu</li> <li>◆ Fever</li> <li>◆ Toothaches</li> <li>◆ Menstrual pain</li> </ul>	<ul style="list-style-type: none"> <li>◆ Nausea/ stomach pain</li> <li>◆ Itching/ rash</li> <li>◆ Headache</li> <li>◆ Dark urine</li> <li>◆ Clay-colored stools</li> </ul>	<ul style="list-style-type: none"> <li>◆ Can cause liver toxicity</li> <li>◆ Should not exceed 3-4 grams in 24hr period</li> <li>◆ Use with Warfarin may increase risk of bleeding</li> <li>◆ Can alter blood glucose readings ** Acetaminophen antidote- N-acetylcysteine</li> </ul>